

*Zoom meeting id's will be added for Wednesday and Thursday by Tuesda

Monday March 23	Crew-Zoom Live	MBD Hooked Up Live	Tuesday March 24	Crew-Zoom Live	MBD Hooked Up Live
5:30-6:00pm	Glide/Kip/Flex HH Technique-Matt Zoom mtg id: 187615645		5:30-6:00pm	Freeze Jazz Technique-Nancy Zoom mtg id: 935733200	All Level Tap Combo-Sawyer
6:30-7:00pm	Fusion/Stomp HH Technique-Matt Zoom mtg id: 987462992 Glide Jazz Technique-Kayla Zoom mtg id: 127291603		6:30-7:00pm	Stomp/Fusion Remix Technique-Nancy Zoom mtg id: 161192726	
7:30		All Level HH Combo-Matt	7:30-8:00pm	Isolation/Krump Remix Technique-Nancy Zoom mtg id: 364273777	
Wednesday March 25	Crew-Zoom Live	MBD Hooked Up Live	Thursday March 26	Crew-Zoom Live	MBD Hooked Up Live
5:30-6:00pm	Freeze/Stomp Ballet Technique-Joel *Alexa, Lizzie, Ethan, Gracie H., Aubrey, Hailey Isolation Ballet Technique- Candace *Sanaa, Taytem		5:30-6:00pm	Mini Boys HH-Kayla Tap Technique-Sawyer	
6:30-7:00pm	Freeze/Groove HH Technique-Matt Isolation/Krump Jazz & Contemp Technique-Joel		6:30-7:00pm	Stomp/Fusion Jazz Tech-Morgan	
7:30-8:00pm	Isolation HH Technique-Matt	All Level Lyrical-Joel	7:30-8:00pm		All Level Contemp Combo-Morgan

